

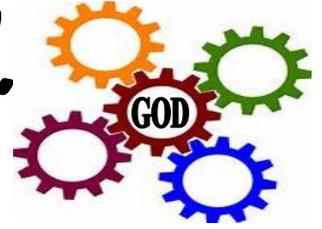
W.H.E.E.L.



Life Lessons

W. H. E. E. L.

Women Helping Each-other Enter Life



Life Lesson

April 2017

It Shall Come To Pass

"...and it was so." Genesis 1:11

Dearest Friends:

Have you ever walked by an abandoned parking lot? What did you notice? You saw it was cracked up and the grass is growing up through the concrete...right? Let's look a little closer. Look out at your nicely paved driveway or sidewalk. In the cracks you see grass and/or weeds, as some call it, growing up too. In Genesis 1:11 God said "Let the earth bring forth grass..." We, in our feeble selves, attempt to cover up what God commanded to be. We try to do things in our own strength and limited understanding, but it doesn't offset what God already commanded.

What has God commanded in your life? What did He say "bring forth..." in your life, and you are pouring concrete over it? You can't kill what God commanded to be. He is a God that can not lie. In Isaiah 55:11 it says "So shall my word be that goeth forth out of my mouth; it shall not return unto me void but it shall accomplish that which I please..." Notice all those "shalls" that mean no matter what we try, in our best feeble attempt, **it is going to happen**. We can't offset what God has already set into motion. Get out of the way. Save your concrete, because you can't stop what God said bring forth...and you can't deter what He said shall come to pass. Recognize it shall happen rather you want it to or not...so get out of the way and bring forth! What God commands shall come to pass!

Submitted with Love by:

Valerie Rhodes #162184

Florida Women's Reception Center

Rejoice

Submitted by:

June Boyer #A310385

We are to live in hope. We are to rejoice, so when Satan comes to steal your victory and tell you that God is not going to help you this time...you just think on the Word of God and start rejoicing. Rejoice that you're in Him. Rejoice that heaven is your home. Rejoice that greater is He that is in you than he that is in the world.

Rejoice...brag on God today. The devil can't stand it. Be steadfast and patient in suffering and tribulation. Tribulation means being under pressure when pressure comes...don't cave in. Don't faint... Instead, go to the throne of grace...go boldly in the name of Jesus and get help. (Psalm 121)

Remember when things get hard isn't when you let go of the Word. That's when you double up on it. That's when you are constant in prayer so that you are immovable. Rejoice, be patient under pressure. Be constant in prayer. The devil won't be able to steal one thing from you. Romans 5:5 says, *"And hope does not put us to shame because God's love has been poured out into our hearts through the Holy Spirit who has been given to us."*

Amen

Quote-meal



"Going outside God's will to get what you want means that you have to stay outside God's will to keep it"

~ Anonymous ~

We love hearing from you, send your suggestions, prayers, stories or poems to:

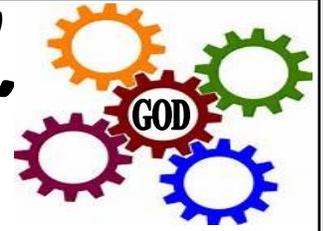
Valarie Ellis
P.O. Box 17991
Tampa, FL 33682

Email: info@wheelministry.org

Website: www.wheelministry.org

W. H. E. E. L.

Women Helping Each-other Enter Life



Life Lesson

May 2017

“Oh, Magnify The Lord!”

“O magnify the Lord with me, and let us exalt His name together.” Psalm 34:3

Dearest Friends:

We can make objects appear larger than they really are with the use of a magnifying glass or a microscope, but we can't make God bigger, because He already is bigger than any situation, problem, or infirmity. God has to hold the place of greatest prominence and importance in our lives before we can see Him as bigger than everything.

It's a daily walk. To walk with God means to be attentive to His Word and yielded to His presence. Though we do not see Him, We know Him. We find our security not in people, places, or things- but in Him alone! *“...Noah walked with God.”(Genesis 6:9)* The name Noah means “rest.” Noah not only knew his mission in life, but he also knew his source, and when you know that you don't have to worry any more.

But knowing God deeply doesn't happen quickly; it takes time. Time spent with Him on the mountain top and in the valley; time spent with Him in joy and in adversity. Time will test the quality of any relationship! Prison, shipwrecks, betrayals, beatings, hunger, and disappointment didn't shake Paul's confidence in God. Listen *“None of these things move me,” (Acts 20:24)*

Another man who walked with God was Enoch. Listen: *“Enoch walked with God: and he was not; for God took Him” (Genesis 5:24)* Every day he rose and sought the Lord, walking with Him and seeking to please Him in all that he did. Their relationship was intimate. The bible says, *“..before his translation he had this testimony, that he pleased God.”(Hebrews 11:5)* Imagine living in such a way that you have a “witness” in your spirit that God is truly pleased with you!

Not only is such a life possible, but it can be yours, starting today. Give God the place of highest prominence in your life. No matter what you're going through, God is bigger

In God I Trust,

Valarie Ellis



Prayer



Dear Lord,

I thank You for this day. I thank You for my being able to see and to hear this morning. I'm blessed because You are a forgiving God and an understanding God. You have done so much for me and You keep on blessing me. Forgive me this day for everything I have done, said or thought that was not pleasing to you.

I ask now for Your forgiveness. Please keep me safe from all danger and harm. Help me to start this day with a new attitude and plenty of gratitude. Let me make the best of each and every day to clear my mind so that I can hear from You. Please broaden my mind that I can accept all things. Let me not whine and whimper over things I have no control over.

And It's the best response when I'm pushed beyond my limits.

I know that when I can't pray, You listen to my heart. Continue to use me to do Your will. Continue to bless me that I may be a blessing to others. Keep me strong that I may help the weak... Keep me uplifted that I may have words of encouragement for others. I pray for those that are lost and can't find their way. I pray for those that are misjudged and misunderstood. I pray for those who don't know You intimately. I pray for those that don't believe.

But I thank you that I believe. I believe that God changes people and God changes things. I pray for all my sisters and brothers. For each and every family member in their households. I pray for peace, love and joy in their homes that they are out of debt and all their needs are met. I pray that every eye that reads this knows there is no problem, circumstance, or situation greater than God.

AMEN



Quote-meal: "Whatever you are not changing, you are choosing"

~Author Unknown~

We love hearing from you, send us your suggestions, prayers, stories and/or poems to:

Valarie Ellis | P.O. Box 17991 | Tampa, FL 33682

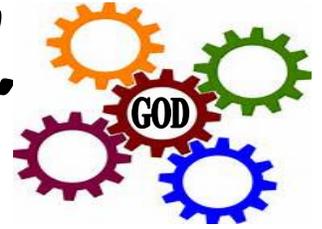


Email: info@wheelministry.org

Website: www.wheelministry.org

W. H. E. E. L.

Women Helping Each-other Enter Life



Life Lesson

August 2017

Forgive Them, And Let It Go!

"Pray for those who spitefully use you and persecute you." St. Matthew 5:44 NKJV

Dearest Friends:

An unforgiving attitude can keep you from moving forward in life. So isn't it time you got serious about forgiving the one who hurt you? You say, "But then they'll have gotten away with it." They're not getting away with anything! God is qualified to judge, you're not. Remember, your critics are making decisions about you based on limited information, but God knows the truth and He will deal with your detractors in His own time. By trying to defend yourself and prove them wrong, you're stepping into territory that belongs exclusively to God. The Bible says: "Never pay back evil with more evil. Do things in such a way that everyone can see you are honorable. Do all that you can to live in peace with everyone...never take revenge. Leave that to the righteous anger of God. For the Scriptures say, 'I will take revenge; I will pay them back,' says the Lord. Instead, 'If your enemies are hungry, feed them. If they are thirsty, give them something to drink. In doing this, you will heap burning coals of shame on their heads'. Don't let evil conquer you, but conquer evil by doing good" (Ro 12:17-21 NLT). Satan's goal is to get you all tied up in knots and steal your peace. Don't play into his hands! Christ, your example, prayed for those who drove the nails into His hands: "Father, forgive them; for they know not what they do" (Lk 23:34). Your enemies may think they're smart, but often they're acting in ignorance. Don't come down to their level by retaliating. Forgive them, and let it go.

In God I trust,

Valarie Ellis

It's In The Valley I Grow

Author: Tracy Mayfield

Sometimes life seems hard to bear, Full of sorrow, trouble, and woe.
It's then I have to remember, That it's in the valleys I grow.

If I always stayed on the mountain top and never experienced pain,
I would never appreciate God's love and would be living in vain.

I have so much to learn and my growth is very slow,
Sometimes I need the mountain tops, But it's in the valleys I grow.

I do not always understand why things happen as they do,
But I am very sure of one thing. My Lord will see me through.

My little valleys are nothing when I picture Christ on the cross.
He went through the valley of death; His victory was Satan's loss.

Forgive me Lord, for complaining when I'm feeling so very low.
Just give me a gentle reminder that it's in the valleys I grow.

Continue to strengthen me, Lord and use my life each day
To share your love with others and help them find their way.

Thank you for valleys, Lord for this one thing I know;
The mountain tops are glorious

But it's in the valleys I grow!

Quote-meal

"A wise man can learn more from a foolish question than a fool can learn from a wise answer."

~ Bruce Lee ~

We love hearing from you, send us your suggestions, prayers, stories and/or poems to:

~ Valarie Ellis ~

P.O. Box 17991 - Tampa, FL 33682

Email: info@wheelministry.org

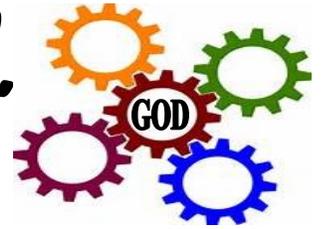
Website: www.wheelministry.org

W. H. E. E. L.

Women Helping Each-other Enter Life

Life Lesson

November 2017



Give It Your ALL

"I will go ... And if I perish, I perish." Esther 4:16 NIV

Dearest Friends:

Esther, a Jewish girl married to a pagan king, broke with long-standing tradition, marched into her husband's throne room, spoke her mind, and rescued her people from annihilation. One girl saved a nation because she was willing to put everything on the line. Are you feeling inadequate today? Are you thinking, "Someone else should be doing this job instead of me"? Then read these words written by clergyman, Edward Everett Hale: *"I am only one; but still I am one. I can't do everything; but still I can do something: and because I can't do everything, I will not refuse to do the something I can do."*

How many people did it take to rescue the dying man on the Jericho Road? One Good Samaritan. How many people did it take to confront Pharaoh and lead the exodus out of Egypt? One man, Moses. A respected leadership expert writes: *"God has put a dream inside you. It's yours and no one else's. It declares your uniqueness. It holds your potential. Only you can birth it. Only you can live it. Not to discover it, take responsibility for it and act upon it, is to negatively affect yourself as well as all those who would benefit from your dream."*

Poet John Greenleaf Whittier wrote, *"For all sad words of tongue and pen; the saddest are these, 'It might have been.'"* In your twilight years, will you look back and feel like you've spent your life struggling to fulfill other people's expectations? Or know that you lived it to the fullest by striving to fulfill your God-given dream? Think about it *now*, while there's still time to change direction.

In God I trust,

Valarie Ellis

Always Remember To Forget

*Always remember to forget,
The things that made you sad.
But never forget to remember,
The things that made you glad.
Always remember to forget,
The friends that proved untrue.
But don't forget to remember,
Those that have stuck by you.
Always remember to forget,
The troubles that have passed away.
But never, never forget to remember,
The Blessings That Come Each Day!*

Quote-meal



“Nobody cares how much you know until they know how much you care!”

~ My Son, Roderick Ellis, Sr. dropped this nugget during one of our conversations ~

We love hearing from you, send your suggestions, prayers, stories or poems to:

~ Valarie Ellis ~

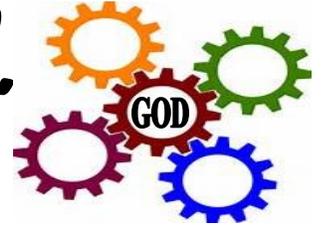
P.O. Box 17991 - Tampa, FL 33682

Email: info@wheelministry.org

Website: www.wheelministry.org

W. H. E. E. L.

Women Helping Each-other Enter Life



Life Lesson

September 2017

Praise Is What I Do

"... Paul and Silas prayed, and sang praises unto God:" Acts 16: 25-40

Submitted by: Valerie Rhodes (Inmate at Florida Women's Reception Center)

The title is also shared by a popular gospel song, but is it really what we do? One of the most popular texts preached in jails and prisons is Acts 16. It speaks about Paul and Silas praying and singing the walls down. Somehow because of the location of the audience; it does appear that this particular text might seem appropriate...however, let's broaden the scope. In life, one thing we fail to do adequately is to give God true praise. I want us to pay close attention to verses 26-30. The deliverance came through prayer, song, and worshipping BUT... the location didn't immediately change. The relief was given, their hands were loosen, however not a single person fled from prison. Did they stay because they liked it there? No, their position was held for a greater praise. The very oppressor that placed them there needed to see their situation to be saved. You may find yourself in a dilemma that you are waiting for GOD to release you out of. Re-think your position and know that your deliverance is done... but you are now a part of a bigger praise. Don't stop singing because it's uncomfortable. Don't stop praying because you see a way out but it has yet to manifest itself. Can you really praise Him and hold your position until He works out all the particulars of **His** plan? Then you can say...*Praise is what I do*. When the situation hasn't given you the SUDDENLY, but has given you the deliverance in your place of oppression...Praise Him. Just as with Joseph in Genesis 41: 40-42 received deliverance in his situation, but his location didn't immediately change. Then grab hold of the praise that my situation is only a position to set up His will to be done. It was not just about Paul and Silas' prison experience that should be the focus. It is the walls falling but holding their position until their oppressor and oppression submitted to God.

Now that was truly a foundational change!

In God I trust,

Valerie Ellis



Praise the
Lord. For
each day He
carries us
in His arms.

PSALM 68:19

Hallelujah

Quote-meal 

*Happy moments; praise God, difficult moments; seek God, quiet moments; worship God, painful moments; trust God, every moment;
Thank God!*

~ Unknown ~

We love hearing from you, send us your suggestions, prayers, stories or poems to:

~ Valarie Ellis ~

P.O. Box 17991 - Tampa, FL 33682

Email: info@wheelministry.org

Website: www.wheelministry.org